

When: 4:00 p.m. - 5:00 p.m., Sundays

**Where:** In Person (10933 Progress Court, Rancho Cordova, 95670, Room 207) & Online - Register at myrivercity.live, click forms and select Ignite Zumba/Zumba Gold Registration

- Sunday, July 11
- Sunday, July 18
- Sunday, July 25
- Sunday, August 1
- Sunday, August 15

- Sunday, August 22
- Sunday, September 5
- Sunday, September 12
- Sunday, September 19
- Sunday, September 26



When: 11:00 a.m.—12:00 p.m., Tuesdays

**Where:** On Zoom - Register at myrivercity.live, click forms and select Ignite Zumba/Zumba Gold Registration

- Tuesday, July 6
- Tuesday, July 20
- Tuesday, August 10
- Tuesday, August 24
- Tuesday, September 7
- Tuesday, September 21



First class is <u>free</u>! After the first class, \$5 per class or \$20 for a 10 class punch card (\$2 per class) Card expires 90 days after purchase.

Please wear work-out clothes and tennis shoes without a lot of tread.

Please bring a water bottle and towel.

For more information:

dance@rivercitychristian.org • 916-861-2240 • rivercitychristian.org/dance